



**Action Hours (Community Service)
Record Sheet and Reflection**
JT Moore Middle School IB Middle Years Programme
Due May 5, 2017
Requirements: 10 hours

This form should be completed for each activity.

Student Name:	Grade:
Homeroom Teacher:	
Activity/Event Name:	Location:
Date[s]:	

*If recurring event, please list ALL dates. You may use the back of this sheet, if needed.

Total Hours For This Activity:

Summary of Your Service Activities:

▶ Signature of an Activity Coordinator:

Date:

Reflection (to be completed by student after service):

1. What did you learn about yourself because of this activity? What did you learn about the community?

2. What was most challenging about this activity? What was the most rewarding?

3. What Learner Profile characteristics did you use in this activity? How?

Inquiring, Knowledgeable, Thinking, Communicative, Principled, Open-Minded, Risk Taking, Balanced, and Reflective.

▶ Student Signature	Parent/Guardian Signature	Date
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